

# FLU CLINIC LISTINGS



## Protect yourself, protect your family. Get your flu shot.

The annual seasonal flu shot is available to all Manitobans at no charge. It offers protection against four seasonal flu strains. Those at increased risk of serious illness from the flu, including children six months to five years old, people aged 65 or older, caregivers and others who are in close contact with them, should consider getting a flu vaccination.

### Bring your Manitoba Health Card and wear a short-sleeved shirt.

	Dates	Time(s)	Location(s)
<b>Balmoral</b>	November 1	2:00 pm - 3:30 pm	Sprucewood Place, PR 236
<b>Inwood</b>	November 1	10:00 am - 11:30 am	Inwood Manor, PTH 17
<b>St. Laurent</b>	November 5	1:00 pm - 6:00 pm	Laurentia Lodge 444 Veteran's Memorial Road
	November 16	11:00 am - 2:00 pm	St. Laurent Community Health Office, 51 Parish Lane
<b>Stonewall</b>	October 24	2:00 pm - 7:00 pm	Stonewall Legion, 459 Main St
	November 2	10:00 am - 1:00 pm	Stonewall Community Health MPR, 589-3 <sup>rd</sup> Ave S
<b>Stony Mountain</b>	October 22	2:00 pm - 6:00 pm	Stony Mountain Curling Club, 81 School Road
<b>Teulon</b>	November 4	11:00 am - 3:00 pm	Teulon Anglican Parish Hall, 60-2 <sup>nd</sup> St SE
	November 13	3:30 pm - 6:00 pm	Teulon Community Health Office, 162-3 <sup>rd</sup> Ave SE
<b>Warren</b>	October 30	2:00 pm - 6:00 pm	Warren Fire Hall, 152 McDonald Ave
<b>Woodlands</b>	November 1	1:30 pm - 3:30 pm	Oak Park Lodge, 75 Railway Ave

Residents-only flu clinics may be planned in some senior and other community housing facilities.

These clinics are not listed here.

Check your building bulletin boards for a flu clinic poster that will have clinic details.

For more information, please contact your local community health office

St. Laurent 204-646-2504 Stonewall 204-467-4400 Teulon 204-886-4068

*Any changes to this listing will be posted online at [www.ierha.ca](http://www.ierha.ca) – click on the banner “2019 Flu Clinics” on the home page.*